

## Transportation

### American Medical Response (503) 231-6300

Ambulance transportation.

### C-TRAN Bus Service (360) 695-0123 [www.c-tran.com](http://www.c-tran.com)

Public transportation, general bus service.

### C-VAN Paratransit Service (360) 695-8918 [www.c-tran.com](http://www.c-tran.com)

Public transportation. For those who can't use C-TRAN.

### Employment Transportation Brokerage (360) 258-2103

Short term assistance; must be low-income.

### Golden Chariot (360) 944-9833 [www.goldenchariot.us](http://www.goldenchariot.us)

Provides individual transportation for seniors & disabled adults.

### Medical Transportation Brokerage (360) 694-9997

Transportation to medically necessary appointments (Medicaid).

### Mercy 1 Transportation (360) 896-5156 [www.mercy1transportation.com](http://www.mercy1transportation.com)

Door-to-Door transportation for services.

### Reserve-A-Ride (360) 258-2103

Limited transportation for medically necessary appointments.

### Senior Transportation Program (360) 694-8144

Part of Area Agency on Aging & Disabilities of Southwest WA.

### TLC Wheelchair Services, INC. (360) 225-9107

Provides medical transportation.



## Information

### Area Agency on Aging and Disabilities of Southwest Washington (888) 637-6060 or (360) 694-8144 [www.helpingelders.org](http://www.helpingelders.org)

Connecting seniors, adults with disabilities, & care-givers to community resources.

**Location:** 201 NW 73<sup>rd</sup> Street, Vancouver, WA 98665, Suite 201

### Catholic Community Services—Volunteer Services 1 (844) 851-9380

Helps low-income elders or disabled adults, with household chores or errands.

### Community Services Directory Dial 2-1-1 [www.211info.org](http://www.211info.org)

More in-depth information & resources covering most topics.

### Inter-Faith Treasure House (360) 834-4181 [www.ifth-cw.org](http://www.ifth-cw.org)

Provides resources to seniors in the community.

**Location:** 91 C Street, Washougal, WA 98671

### Seniors and Law Enforcement Together (S.A.L.T.) (360) 834-4151

Meetings & newsletters to inform about scams & other topics.

**West Meeting:** 3<sup>rd</sup> Monday of the month at 11:00 am  
The 40 and 8 Community Room

7607 NE 26<sup>th</sup> Avenue, Vancouver WA 98665

**East Meeting:** 4<sup>th</sup> Monday of the month at 11:00 am  
Camas Police Department

2100 NE 3<sup>rd</sup> Avenue, Camas, WA 98607

### Senior Information and Assistance (360) 694-8144 [www.211info.org](http://www.211info.org)

Provides resources to seniors in the community.

### Senior Messenger (360) 487-8701 [www.cityofvancouver.us/messenger](http://www.cityofvancouver.us/messenger)

Free monthly publication full of topics for 50+ adventurer.

### Statewide Health Insurance Benefits Advisors (SHIBA) (360) 947-2479 [www.insurance.wa.gov](http://www.insurance.wa.gov)

Benefit advisors; advocate for consumers & regulate industry.



## Camas-Washougal

# Senior Resource Guide

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Updated January 2018  
By City of Camas Parks & Recreation

For more information go online to [Cityofcamas.us/parks](http://Cityofcamas.us/parks)

**Camas Parks & Recreation**  
(360) 834-5307  
[www.cityofcamas.us/parks](http://www.cityofcamas.us/parks)

**Lacamas Lake Lodge**  
227 NE Lake Road, Camas, WA 98607  
Monday to Friday, 8:00 am – 5:00 pm  
**Camas Community Center**  
1718 SE 7<sup>th</sup> Avenue, Camas, WA 98607  
Opened to scheduled events only

## Meals & Food

### Inter–Faith Treasure House

(360) 834-4181 or (360) 834-5786

[www.ifth-cw.org](http://www.ifth-cw.org)

Provides a Boxed Food Program & Feeding Program. Also runs the Lost & Found Café.

**Treasure House:** 91 C Street, Washougal, WA 98671

**Lost & Found Café:** Zion Lutheran Church

824 NE 4<sup>th</sup> Avenue, Camas, WA 98607

**Time:** Monday & Thursday, 6:00–7:00pm

### Meals on Wheels People

(360) 210-5666 or (866) 788-6325 (Homeward Bound Services)

[www.mealsonwheelspeople.org](http://www.mealsonwheelspeople.org)

Provides meals, games & social contact for seniors.

**Location:** Washougal Community Center

1681 C Street, Washougal, WA 98671

**Time:** Monday to Thursday, 11:30 am

### Refuel Fridays

(360) 835-8501

[www.cityofwashougal.us](http://www.cityofwashougal.us)

Provides meals every Friday, free to the community.

**Location:** Washougal Community Center

1681 C Street, Washougal, WA 98671

**Time:** Every Friday, 4:00 – 6:30 pm

## Veterans

### American Legion Bennett Barnett Post 27

(360) 835-2425

[www.facebook.com/bbpost27](http://www.facebook.com/bbpost27)

Organization dedicated to veterans helping veterans.

**Meetings:** 1<sup>st</sup> Wednesday of the month, 7:00 pm

**Location:** Camas Community Center

1718 SE 7<sup>th</sup> Avenue, Camas, WA 98607

### CCDCS – Veterans Assistance Fund

(360) 693-7030

[www.ccvac.net](http://www.ccvac.net)

Offering everything from coffee to emergency assistance fund.

**Time:** Monday to Friday, 8:00 – 4:30 pm

**Location:** 1305 Columbia Street, Vancouver, WA 98660

### Veterans of Foreign Wars Post 4278 & Auxiliary

(360) 260-7876 for Veterans

(360) 835-8215 for Auxiliary

[www.vfwpost4278.org](http://www.vfwpost4278.org)

Veteran nonprofit serving all veterans and the local community.

**Post Meetings:** 2<sup>nd</sup> Tuesday of the month, 7:00 pm

**Auxiliary Meetings:** 3<sup>rd</sup> Wednesday of the month, 9:00am

**Coffee Hour:** Every Wednesday and Friday, 9:00 am

**Location:** Camas Community Center

1718 SE 7<sup>th</sup> Avenue, Camas, WA 98607

## Social Club & Recreation

### Camas Parks & Recreation

Provides a newsletter offering programs & events.

**Contact & Locations:** See front cover for information.

### Camas Public Library

(360) 834-4692

[www.cityofcamas.us/library](http://www.cityofcamas.us/library)

Provides library services along with events & activities.

**Location:** 625 NE 4<sup>th</sup> Avenue, Camas, WA 98607

**Times:** Monday to Wednesday, 10:00 am – 8:00 pm

Thursday to Saturday, 10:00 am – 6:00 pm

### Camas Seniors

(360) 433-6426

Provides trips & activities along with monthly casino trips.

**Meetings:** Call for time, location of trips, & event information.

### Cascade Park Kiwanis (Kiwanis International)

(360) 907-8127

[www.facebook.com/cascade.kiwanis](http://www.facebook.com/cascade.kiwanis)

Volunteer & social organization helping our local community.

**Meetings:** Every Thursday morning at 7:30 – 8:30 am

**Location:** Meetings held at IHOP

2900 SE 164<sup>th</sup> Avenue, Vancouver, WA 98683

### Columbia Gorge Women's Association

(360) 834-1091

Helping women retrain after major life decisions.

**Meetings:** Call for meeting times & locations.

### Fern Prairie Modelers

(360) 254-4668

[www.fpmc.org](http://www.fpmc.org)

Great for airplane novices & professionals alike; all ages.

**Meetings:** 3<sup>rd</sup> Thursday of the month, 7:00 pm

**Location:** Camas Community Center

1718 SE 7<sup>th</sup> Avenue, Camas, WA 98607

### Garden Club

(360) 835-1656

[www.gardenclubofcamaswashougal.org](http://www.gardenclubofcamaswashougal.org)

Bringing newcomers & veteran gardeners together. Meetings will feature special speakers and activities.

**August – May Meetings:** 4<sup>th</sup> Wednesday of the month, 1:00 pm

**Location:** Camas Community Center

1718 SE 7<sup>th</sup> Avenue, Camas, WA 98607

**June, July & December:** No meetings. Call for special trips.

### General Federation Women's Club

(360) 834-2354

[www.gfwc.org](http://www.gfwc.org)

Dedicated to helping our local community & the world.

**Meetings:** 2<sup>nd</sup> Wednesday of the month, 7:00 pm

**Location:** Call for location

### Soroptimist International

(360) 360-7879

[www.cwsoroptimist.org](http://www.cwsoroptimist.org)

Volunteer organization improving the lives of women & children locally & internationally.

**Meetings:** 1<sup>st</sup> Friday of the Month at 7:00 am &

3<sup>rd</sup> Tuesday of the month at 7:00 pm

**Location:** Zion Lutheran Church, Community Hall

824 NE 4<sup>th</sup> Avenue, Camas, WA 98607

### Washougal Community Center

(360) 835-8113

[www.cityofwashougal.us](http://www.cityofwashougal.us)

Gathering place for seniors; also offers meals & activities.

**Time:** Monday to Friday, 9:00 – 4:00pm

**Location:** 1681 C Street, Washougal, WA 98671

### Washougal Lions Club

(360) 450-8272

Service organization focusing on health issues.

**Meetings:** 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month, 6:00pm

**Location:** Orchard Hills Golf Club

605 39<sup>th</sup> Street, Washougal, WA 98671

### Washougal Public Library

(360) 906-4860

[www.fvrl.org](http://www.fvrl.org)

Provides library services, activities & an adult book club.

**Time:** Wednesday to Saturday, 10:00 – 6:00 pm

Tuesday, 10:00 – 8:00 pm

**Location:** 1661 C Street, Washougal, WA 98671

## Housing

### Crown Villa Apartments for Seniors

(360) 694-2501

[www.vhause.com](http://www.vhause.com)

Provides subsidized housing, some income restrictions.

**Location:** 1529 Division Street, Camas, WA 98607

### Kent Place

(360) 834-3988

[www.enlivant.com](http://www.enlivant.com)

Assisted living & senior community.

**Location:** 2647 NW Kent Street, Camas, WA 98607

### Prestige Care Rehabilitation Camas

(360) 834-5055

[www.prestigecare.com](http://www.prestigecare.com)

Offers rehabilitation, skilled nursing & assisted living services.

**Location:** 740 NE Dallas Street, Camas, WA 98607

